KS5 | Curriculum
Sport Single

THE WALDERSLADE & GREENACRE SCHOOLS PARTNERSHIP

Qualification type / Exam Board

BTEC National Extended Certificate / Pearson

What will I learn about?

The Pearson BTEC National Extended Certificate in Sport is a qualification for learners who have a keen interest in sport and physical activity and want to continue their education through applied learning. It is for learners who aim to progress to higher education and ultimately employment in the sport sector. The full qualification is the equivalent to one A Level and it combines well with a large number of subjects, especially biology. It supports entry to higher education courses in a very wide range of disciplines.

How is my work assessed?

Three Units are Externally assessed through controlled assessments and written examination. These units include:

Unit 1 - Anatomy and Physiology
Unit 2 - Fitness Training and Programming for Health and Well-Being

The remaining units on the course are internally assessed through assignment activities with a vocational context. These units include:

Unit 3 - Professional Development in the Sports Industry
Unit 5 - Application of Fitness Testing

What should I consider before starting this subject?

All our BTEC students need to have an interest and passion for Sport. Those that do well and achieve high grades are able to prioritise their workloads well. They can be organised and plan ahead of time, often keeping a diary of when work is due in, as you will always have at least 2 pieces of work to be working on. Most of all, they put in the effort in their work and take pride in what they do, taking ownership of this. Lastly, they are motivated to do well and have an end goal, whether that is to achieve Distinctions or to go on to university or employment.

Why is this course useful and what might it lead to?

You will gain a qualification that will enable you to study sports related degrees at university, such as Sports Management, Sports Therapy, PE Teaching, Sports Coaching and Analysis of Sport. This qualification is particularly appropriate for learners who are interested in progressing to a career in sport and physical activity development. The BTEC Sport qualification also allows you to progress onto further work-based courses or apprenticeships, for example, Personal Training or Sports Coaching.

The vocational nature of the course provides links with local sports industries through the work experience unit. In addition, we also invite guest speakers and industry experts to share their knowledge and experience, and have forged connections with local university sports departments. This serves to give students an in-depth experience of further study and the options for employment in sport. You will also be involved in sports events for local primary schools and will have the opportunity to complete coaching and first aid qualifications.

Entry requirements

- Grade 4 or above in English and Maths.
- Level 2 Pass in BTEC Sport or NCFE Health and fitness.

Where can I find more information?

https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html