



Health and Social Care

Qualification type: AAQ BTEC NATIONAL

Exam Board: Pearson

What will I learn?

This course consists of 4 units of which 3 are mandatory and 2 are externally assessed.

Students will learn about the following topics:

- Human Lifespan and Development – PIES and factors affecting growth and development, interventions and the different professionals providing care and treatment
- Human Biology and Health – Human body structure and systems, normal physiological functioning and the impact of common disorders
- Health and Social Care Practice – Core principles, values and legislation that underpin and influence health and social care, and the effect of social determinants on an individual's health status.

Students will also develop transferable skills such as professional values and skills expected of professionals, including communication and listening skills; organisational and critical thinking skills; cultural and social intelligence when working with individuals across the lifespan with different needs, alongside methods of managing challenging situations.

How is my work assessed?

There are 2 externally assessed examinations and 2 internally assessed units of coursework. All units of work need to be completed and passed in order to gain a qualification.

What should I consider before starting this subject?

This course is equivalent to one A Level and is for students who are interested in learning about the health and social care sector alongside other fields of study. You will need to be prepared to research and work independently.

Why is this course useful and what might it lead to?

This is an ideal qualification for those students who would like to pursue careers in disciplines such as Nursing, Midwifery, Social Work, Physiotherapy, Radiography, Teaching or other related professions. It can lead to progression to the following degrees:

- BSc Nursing
- BSc Social Work
- BSc Subjects Allied to Health (e.g. Paramedic Science, Occupational Therapy)

Entry requirements

Grade 4 + in both English language and Science

Where can I find out more information?

<https://qualifications.pearson.com/content/dam/pdf/btec-aaqs/health-and-social-care/2025/specification-and-sample-assessments/btec-l3-health-and-social-care-aaq-spec.pdf>