# MENU

INDEPENDENTCATERING | EDUCATERLIMITED

# WEEK 1

## MONDAY 2 NOVEMBER

**MAIN Insalata Penne Pasta, Roasted Courgettes, Sun Dried Tomatoes and Olives with Fresh Basil and Oregano topped with Mozzarella Pearls and Fresh Pesto (1, 9) with Garlic Bread (1, 8), Chef's Salad and Slaw (7) (VEGETARIAN)**
**MAIN Three Cheese Baked Macaroni (1, 9, 11) topped with Caramelised Red Onions and Roasted Tomatoes with Garlic Bread (1, 8), Chef's Salad and Slaw (7) (VEGETARIAN)**
**DESSERT Apple and Berry Crumble (1, 8) with Custard (1, 7, 9)**

spice **AROUND THE WORLD WEEK - SEE MENU BOARDS FOR DETAILS**

## TUESDAY 3 NOVEMBER

**MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11, 14)**
**DESSERT Mixed Berry Cheesecake (1, 8, 9)**

spice **AROUND THE WORLD WEEK - SEE MENU BOARDS FOR DETAILS**

## WEDNESDAY 4 NOVEMBER

**MAIN Roasted Cherry Tomato, Courgette and Red Onion Quiche (1, 7, 8, 9) served with Roast Potatoes, Roasted Root Vegetables and Fresh Green Cabbage (VEGETARIAN)**
**MAIN Roast Gammon and Pineapple with Rich Gravy, served with Roast Potatoes, Roasted Root Vegetables and Fresh Green Cabbage**
**DESSERT Iced Lemon Drizzle Cake (1, 7, 8)**

spice **AROUND THE WORLD WEEK - SEE MENU BOARDS FOR DETAILS**

## THURSDAY 5 NOVEMBER

**MAIN Cheese Topped Spicy Bean Stuffed Peppers (9) with Rice served with Minted Peas and Buttered Carrots (VEGETARIAN)**
**MAIN Beef and Onion Pie with Crisp Short Pastry (1, 9), Mashed Potato and Extra Gravy served with Minted Peas and Buttered Carrots**
**DESSERT 'Old School Cake' (1, 7, 9) and Custard (1, 7, 9)**

spice **AROUND THE WORLD WEEK - SEE MENU BOARDS FOR DETAILS**

## FRIDAY 6 NOVEMBER

**MAIN Spicy Beanburger with Salad and Pickles (1, 7, 13) served with Chips, Baked Beans or Chefs' Slaw (7) and Salad (VEGETARIAN)**
**MAIN Breaded Cod (1,4) witl Lemon Wedge served with Chips, Baked Beans or Chefs' Slaw (7) and Salad**
**DESSERT Selection of Fruit Based Desserts (1, 7, 8, 9)**

spice **AROUND THE WORLD WEEK - SEE MENU BOARDS FOR DETAILS**

## THE DELI

FRESH CUT SANDWICHES - ROLLS - WRAPS - PITTAS - BAGUETTES
SEE THE BLACK BOARDS FOR SOUPS, THEME DAYS AND THE CHEF'S SPECIAL

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS
3 MOLLUSCS
4 FISH
5 PEANUTS*
6 NUTS
7 EGGS
8 SOYBEANS
9 MILK
10 CELERY
11 MUSTARD
12 LUPIN
13 SESAME
14 SULPHUR DIOXIDE

**IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER.**
**WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING**

WE ONLY USE

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# MENU

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# WEEK 2

## MONDAY 9 NOVEMBER

**MAIN Chestnut Mushroom and Butternut Strogonoff with Rice (1, 9), Garlic Bread (1, 8) and Green Beans (VEGETARIAN)**
**MAIN Beef Bolognaise Pasta Bake topped with Cheese, Garlic Bread (1, 8, 9), Chef's Salad and Slaw (7) (VEGETARIAN)**
**DESSERT Vanilla Baked Rice Pudding with Jam (9)**



**STREET FOOD - BRITISH - Home Made Sausage Roll (1, 7, 14) served with Smoked Paprika Wedges and Slaw (7)**

## TUESDAY 10 NOVEMBER

**MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11, 14)**
**DESSERT Caramelised Apple Crumble (1, 8) with Vanilla Sauce (1, 7, 8, 9)**



**STREET FOOD - AMERICAN - Southern Style Sweet Chilli Chicken (1, 8) Hot Baguette (1, 7, 13) with Tomatoes and Red Onion served with Mixed Salad and Slaw (7)**

## WEDNESDAY 11 NOVEMBER

**MAIN Sage Roasted Beetroot, Red Onion and Cherry Tomatoes topped with Creamy Brie (9) served in a Puff Pastry Shell (1, 8, 12) with Roast Potatoes, Roasted Carrot and Celeriac with Green Cabbage (VEGETARIAN)**
**MAIN Roast Beef with Homemade Yorkshire Pudding (1, 7, 8, 9) Crisp Roast Potatoes, Roasted Carrot and Celeriac with Green Cabbage and Rich Gravy**
**DESSERT Chocolate Sponge (1, 7, 8) and Chocolate Sauce (1, 7, 9)**



**STREET FOOD - CHINESE - Sweet and Sour Chicken (1) With Stir Fried Rice and Prawn Crackers (1, 2, 4, 8)**

## THURSDAY 12 NOVEMBER

**MAIN Vegetable and Bean Fajita Wrap (1) with Sweetcorn and Fried Greens (VEGAN)**
**MAIN Mild Jerk Chicken with Traditional Rice 'n' Peas served with Sweetcorn and Fried Greens**
**DESSERT Zesty Carrot Cake (1, 7, 8, 9)**



**STREET FOOD - KOREAN - Pulled Pork Bao Bun (1, 13) with Vegetable Noodles (7) and Bok Choi (8)**

## FRIDAY 13 NOVEMBER

**MAIN Cheese, Onion and Vegetable Quiche (1, 7, 8, 9) served with Chips, Beans and Chef's Salad (VEGETARIAN)**
**MAIN Handmade Smashed Beef Burger (1, 13) with Salad and Pickles and Cheesy Sauce (9) served with Chips, Beans or Chef's Slaw (7) and Salad**
**DESSERT Selection of Fruit Based Desserts (1, 7, 8, 9)**



**STREET FOOD - MEXICAN - Mixed Vegetable and Bean Tacos topped with Salsa and served with Spicy Lime Slaw (7) and Chips**

## THE DELI

FRESH CUT SANDWICHES - ROLLS - WRAPS - PITTAS - BAGUETTES
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|---|---|---|---|---|
| 1 CEREALS CONTAINING GLUTEN | 4 FISH | 7 EGGS | 10 CELERY | 13 SESAME |
| 2 CRUSTACEANS | 5 PEANUTS* | 8 SOYBEANS | 11 MUSTARD | 14 SULPHUR DIOXIDE |
| 3 MOLLUSCS | 6 NUTS | 9 MILK | 12 LUPIN | |

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# WEEK 3

## MONDAY 16 NOVEMBER

**MAIN Mexican Bean Chilli with Rice and Salsa served with Lime Slaw (7, 9) (VEGETARIAN)**
**MAIN Ground Beef Quesadilla with Cheese (1, 9) and Tomato Salsa with Mexican Rice and Lime Slaw (7, 9)**
**DESSERT Jam and Coconut Sponge (1, 7, 8) with Custard (1, 7, 8, 9)**

STREET FOOD - PORTUGESE - **Piri-Piri Hot Dog (1, 11, 13) with Wedges and Mayo (7)**

## TUESDAY 17 NOVEMBER

**MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11, 14)**
**DESSERT Chilled Key Lime Pie (1, 7, 9, 14)**

STREET FOOD - KOREAN - **Korean Chicken (8) and Noodles (1, 7) with Fresh Ginger and Stir Fried Chinese Leaf (8)**

## WEDNESDAY 18 NOVEMBER

**MAIN Baked Courgette and Bean Gratin (1, 8, 9) served with Roast Potatoes and Seasonal Vegetables (VEGETARIAN)**
**MAIN Lemon, Thyme and Garlic Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Rich Gravy**
**DESSERT Sticky Toffee Pudding and Toffee Sauce (1, 7, 9)**

STREET FOOD - BRAZILIAN - **Chunky Chilli Beef Nachos with Salsa and Sour Cream (9)**

## THURSDAY 19 NOVEMBER

**MAIN Thyme, Sweet Potato and Squash Rissoto with Roasted Cherry Tomatoes (9) served with Sweetcorn and Broccoli (VEGETARIAN)**
**MAIN Pork and Beef Meatballs in a Spicy Tomato Sauce with Pasta (1) served with Sweetcorn and Broccoli**
**DESSERT Kentish Apple Cake (1, 7)**

STREET FOOD - BRITISH - **Best English Roast Meat Bap (1, 13) loaded with Stuffing (1) Roasties and Rich Gravy**

## FRIDAY 20 NOVEMBER

**MAIN Homemade BBQ Carrot, Beetroot and Chick Pea Burger (1, 13) served with Chips, Beans or Chef's Slaw (7) and Salad (VEGETARIAN)**
**MAIN Traditional Cod and Chips (1, 4) served with Mushy Peas, Beans or Chef's Slaw (7) and Salad**
**DESSERT Selection of Fruit Based Desserts (1, 7, 8, 9)**

STREET FOOD - NORWEGIAN - **Salmon and Dill Fish Burger, stacked with Salad and Mayo and Pickles served with Chips and Peas (1, 4, 7)**

## THE DELI

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# WEEK 4

## MONDAY 23 NOVEMBER

**MAIN Insalata Penne Pasta, Roasted Courgettes, Sun Dried Tomatoes and Olives with Fresh Basil and Oregano topped with Mozzarella Pearls and Fresh Pesto (1, 9) with Garlic Bread (1, 8), Chef's Salad and Slaw (7) (VEGETARIAN)**

**MAIN Three Cheese Baked Macaroni (1, 9, 11) topped with Caramelised Red Onions and Roasted Tomatoes with Garlic Bread (1, 8), Chef's Salad and Slaw (7) (VEGETARIAN)**

**DESSERT Apple and Berry Crumble (1, 8) with Custard (1, 7, 9)**



**STREET FOOD - MEXICAN - Beef Mince Rice Bowl topped with Coriander, Spring Onions and Cheese (1, 9)**

## TUESDAY 24 NOVEMBER

**MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11, 14)**

**DESSERT Mixed Berry Cheesecake (1, 8, 9)**



**STREET FOOD - GREEK - Chicken Souvlaki on Pitta (1) with Fresh Salad and Tzatziki Dip (9)**

## WEDNESDAY 25 NOVEMBER

**MAIN Roasted Cherry Tomato, Courgette and Red Onion Quiche (1, 7, 8, 9) served with Roast Potatoes, Roasted Root Vegetables and Fresh Green Cabbage (VEGETARIAN)**

**MAIN Roast Gammon and Pineapple with Rich Gravy, served with Roast Potatoes, Roasted Root Vegetables and Fresh Green Cabbage**

**DESSERT Iced Lemon Drizzle Cake (1, 7, 8)**



**STREET FOOD - TURKISH - Lamb Kofta with Yoghurt and Mint Dip on Flatbread (1, 9)**

## THURSDAY 26 NOVEMBER

**MAIN Cheese Topped Spicy Bean Stuffed Peppers (9) with Rice served with Minted Peas and Buttered Carrots (VEGETARIAN)**

**MAIN Beef and Onion Pie with Crisp Short Pastry (1, 9), Mashed Potato and Extra Gravy served with Minted Peas and Buttered Carrots**

**DESSERT 'Old School Cake' (1, 7, 9) and Custard (1, 7, 9)**



**STREET FOOD - JAPANESE - Katsu Chicken Curry (1, 8, 10) with Fragrant Rice**

## FRIDAY 27 NOVEMBER

**MAIN Spicy Beanburger with Salad and Pickles (1, 7, 13) served with Chips, Baked Beans or Chefs' Slaw (7) and Salad (VEGETARIAN)**

**MAIN Breaded Cod (1,4) witl Lemon Wedge served with Chips, Baked Beans or Chefs' Slaw (7) and Salad**

**DESSERT Selection of Fruit Based Desserts (1, 7, 8, 9)**



**STREET FOOD - BRITISH - Classic Hamburger with Salad and Pickles (1, 13) served with Chefs Salad and Slaw (7)**

## THE DELI

FRESH CUT SANDWICHES - ROLLS - WRAPS - PITTAS - BAGUETTES
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# WEEK 5

## MONDAY 30 NOVEMBER

**MAIN Chestnut Mushroom and Butternut Strogonoff with Rice (1, 9),**
**Garlic Bread (1, 8) and Green Beans (VEGETARIAN)**
**MAIN Beef Bolognaise Pasta Bake topped with Cheese, Garlic Bread (1, 8, 9),**
**Chef's Salad and Slaw (7) (VEGETARIAN)**
**DESSERT Vanilla Baked Rice Pudding with Jam (9)**

DAILY FESTIVE TREATS AVAILABLE

## TUESDAY 1 DECEMBER

**MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes**
**served with Traditional Garnishes and Accompaniments (1, 9, 11, 14)**
**DESSERT Caramelised Apple Crumble (1, 8) with Vanilla Sauce (1, 7, 8, 9)**

DAILY FESTIVE TREATS AVAILABLE

## WEDNESDAY 2 DECEMBER

**MAIN Sage Roasted Beetroot, Red Onion and Cherry Tomatoes topped with Creamy Brie (9)**
**served in a Puff Pastry Shell (1, 8, 12) with Roast Potatoes,**
**Roasted Carrot and Celeriac with Green Cabbage (VEGETARIAN)**
**MAIN Roast Beef with Homemade Yorkshire Pudding (1, 7, 8, 9) Crisp Roast Potatoes,**
**Roasted Carrot and Celeriac with Green Cabbage and Rich Gravy**
**DESSERT Chocolate Sponge (1, 7, 8) and Chocolate Sauce (1, 7, 9)**

DAILY FESTIVE TREATS AVAILABLE

## THURSDAY 3 DECEMBER

**MAIN Vegetable and Bean Fajita Wrap (1)**
**with Sweetcorn and Fried Greens (VEGAN)**
**MAIN Mild Jerk Chicken with Traditional Rice 'n' Peas**
**served with Sweetcorn and Fried Greens**
**DESSERT Zesty Carrot Cake (1, 7, 8, 9)**

DAILY FESTIVE TREATS AVAILABLE

## FRIDAY 4 DECEMBER

**MAIN Cheese, Onion and Vegetable Quiche (1, 7, 8, 9)**
**served with Chips, Beans and Chef's Salad (VEGETARIAN)**
**MAIN Handmade Smashed Beef Burger (1, 13) with Salad and Pickles**
**and Cheesy Sauce (9) served with Chips, Beans or Chef's Slaw (7) and Salad**
**DESSERT Selection of Fruit Based Desserts (1, 7, 8, 9)**

DAILY FESTIVE TREATS AVAILABLE

## THE DELI

FRESH CUT SANDWICHES - ROLLS - WRAPS - PITTAS - BAGUETTES
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# MENU

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# WEEK 6

## MONDAY 7 DECEMBER

**MAIN Mexican Bean Chilli with Rice and Salsa served with Lime Slaw (7, 9) (VEGETARIAN)**
**MAIN Ground Beef Quesadilla with Cheese (1, 9) and Tomato Salsa with Mexican Rice and Lime Slaw (7, 9)**
**DESSERT Jam and Coconut Sponge (1, 7, 8) with Custard (1, 7, 8, 9)**

DAILY FESTIVE TREATS AVAILABLE

## TUESDAY 8 DECEMBER

**MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11, 14)**
**DESSERT Chilled Key Lime Pie (1, 7, 9, 14)**

DAILY FESTIVE TREATS AVAILABLE

## WEDNESDAY 9 DECEMBER

**MAIN Baked Courgette and Bean Gratin (1, 8, 9) served with Roast Potatoes and Seasonal Vegetables (VEGETARIAN)**
**MAIN Lemon, Thyme and Garlic Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Rich Gravy**
**DESSERT Sticky Toffee Pudding and Toffee Sauce (1, 7, 9)**

DAILY FESTIVE TREATS AVAILABLE

## THURSDAY 10 DECEMBER

**MAIN Thyme, Sweet Potato and Squash Rissoto with Roasted Cherry Tomatoes (9) served with Sweetcorn and Broccoli (VEGETARIAN)**
**MAIN Pork and Beef Meatballs in a Spicy Tomato Sauce with Pasta (1) served with Sweetcorn and Broccoli**
**DESSERT Kentish Apple Cake (1, 7)**

DAILY FESTIVE TREATS AVAILABLE

## FRIDAY 11 DECEMBER

**MAIN Homemade BBQ Carrot, Beetroot and Chick Pea Burger (1, 13) served with Chips, Beans or Chef's Slaw (7) and Salad (VEGETARIAN)**
**MAIN Traditional Cod and Chips (1, 4) served with Mushy Peas, Beans or Chef's Slaw (7) and Salad**
**DESSERT Selection of Fruit Based Desserts (1, 7, 8, 9)**

DAILY FESTIVE TREATS AVAILABLE

## THE DELI

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# WEEK 7

## MONDAY 14 DECEMBER

**MAIN Insalata Penne Pasta, Roasted Courgettes, Sun Dried Tomatoes and Olives with Fresh Basil and Oregano topped with Mozzarella Pearls and Fresh Pesto (1, 9) with Garlic Bread (1, 8), Chef's Salad and Slaw (7) (VEGETARIAN)**

**MAIN Three Cheese Baked Macaroni (1, 9, 11) topped with Caramelised Red Onions and Roasted Tomatoes with Garlic Bread (1, 8), Chef's Salad and Slaw (7) (VEGETARIAN)**

**DESSERT Apple and Berry Crumble (1, 8) with Custard (1, 7, 9)**

**STREET FOOD - MEXICAN - Beef Mince Rice Bowl topped with Coriander, Spring Onions and Cheese (1, 9)**

## TUESDAY 15 DECEMBER

**MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes served with Traditional Garnishes and Accompaniments (1, 9, 11, 14)**

**DESSERT Mixed Berry Cheesecake (1, 8, 9)**

**STREET FOOD - GREEK - Chicken Souvlaki on Pitta (1) with Fresh Salad and Tzatziki Dip (9)**

## WEDNESDAY 16 DECEMBER

**MAIN Roasted Cherry Tomato, Courgette and Red Onion Quiche (1, 7, 8, 9) served with Roast Potatoes, Roasted Root Vegetables and Fresh Green Cabbage (VEGETARIAN)**

**MAIN Roast Gammon and Pineapple with Rich Gravy, served with Roast Potatoes, Roasted Root Vegetables and Fresh Green Cabbage**

**DESSERT Iced Lemon Drizzle Cake (1, 7, 8)**

**STREET FOOD - TURKISH - Lamb Kofta with Yoghurt and Mint Dip on Flatbread (1, 9)**

## THURSDAY 17 DECEMBER

**MAIN Cheese Topped Spicy Bean Stuffed Peppers (9) with Rice served with Minted Peas and Buttered Carrots (VEGETARIAN)**

**MAIN Beef and Onion Pie with Crisp Short Pastry (1, 9), Mashed Potato and Extra Gravy served with Minted Peas and Buttered Carrots**

**DESSERT 'Old School Cake' (1, 7, 9) and Custard (1, 7, 9)**

**STREET FOOD - JAPANESE - Katsu Chicken Curry (1, 8, 10) with Fragrant Rice**

## FRIDAY 18 DECEMBER

**MAIN Spicy Beanburger with Salad and Pickles (1, 7, 13) served with Chips, Baked Beans or Chefs' Slaw (7) and Salad (VEGETARIAN)**

**MAIN Breaded Cod (1,4) witl Lemon Wedge served with Chips, Baked Beans or Chefs' Slaw (7) and Salad**

**DESSERT Selection of Fruit Based Desserts (1, 7, 8, 9)**

**STREET FOOD - BRITISH - Classic Hamburger with Salad and Pickles (1, 13) served with Chefs Salad and Slaw (7)**

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SPICE
AROUND THE WORLD
MONDAY NOVEMBER 2 -
FRIDAY NOVEMBER 6
SEE MENU BOARDS FOR DETAILS
5 days of celebrating the flavours and vibrant colours of spices from Africa, Asia, Northern Europe, America and India
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FRESHUKPORK
FREERANGEEGGS
LOCALFRUIT&VEG
WHOLEMEALPASTA
freshingredients freshfood

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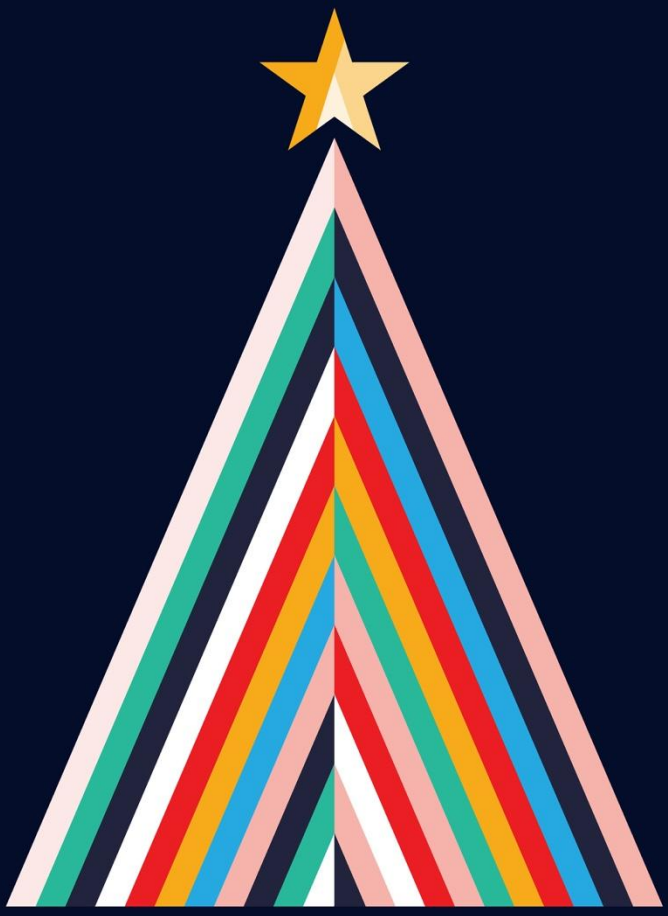
# Christmas

## LUNCH



## THURSDAY 17TH DECEMBER 2026

**Roast British Turkey with Savoury Stuffing and Pigs in Blankets**

**or Brie, Cranberry Festive Filo Baskets with Thyme Gravy**

**All served with Crispy Roast Potatoes, Honey Roast Parsnips, Brussels Sprouts, Fresh Glazed Carrots and Garden Peas**

**Homemade Festive Treats!**

WE ONLY USE

FRESHUKBEEF FRESHUKPORK FREERANGEEGGS LOCALFRUIT&VEG WHOLEMEALPASTA

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